



WESTSIDE SLEEP CENTER  
 SCOTT D. FROMHERZ, MD  
 7450 SW BEVELAND ST, SUITE 120, TIGARD, OR 97223  
 PHONE: (503) 639-7000 FAX: (503) 639-7006

# REFERRAL FORM

Please complete the following information and return by fax. Submit pertinent medical history and a copy of the patient's insurance card (both sides). Thank you for your referral.

## step 1

### PATIENT

LAST NAME \_\_\_\_\_ FIRST \_\_\_\_\_ MIDDLE \_\_\_\_\_

STREET \_\_\_\_\_ CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

PHONE \_\_\_\_\_ ALTERNATE PHONE \_\_\_\_\_

DOB \_\_\_\_\_ HT \_\_\_\_\_ WT \_\_\_\_\_ GENDER  M  F

## step 2

### REFERRING PHYSICIAN

LAST NAME \_\_\_\_\_ FIRST \_\_\_\_\_ NPI \_\_\_\_\_

STREET \_\_\_\_\_ CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

PHONE \_\_\_\_\_ FAX \_\_\_\_\_

## step 3

### WHY REFERRING

Snoring     Observed Apnea     Daytime Sleepiness     Insomnia     AM Headaches     Gasping     Narcolepsy  
 Restless Legs     Nighttime Limb Movements     Frequent Awakenings     Sleep Walking     Unrefreshing Sleep  
 Sleep Paralysis     Shift Work D/O     Night Hallucinations     Circadian Rhythm D/O     Other: \_\_\_\_\_  
 Prior Diagnosis of Sleep Apnea:  Yes  No     When \_\_\_\_\_  AHI \_\_\_\_\_

## step 4

### SELECT ONE SERVICE OPTION

#### OPTION 1

**Full Sleep Evaluation:**  
 Consultation by Sleep Specialist,  
 Necessary Testing, Therapy,  
 Equipment, and Sleep Related  
 Follow-up

#### OPTION 2

**Sleep Study and Follow-up:**  
 Westside Sleep Provides Sleep Apnea Follow-up & Equipment

#### OPTION 3

**Sleep Study Only:**  
 Ordering Physician Provides Follow-up

#### CHOOSE TYPE OF STUDY

Standard Polysomnogram (Split Night if Indicated)     CPAP/BiPAP titration

Note: (MSLT/MWT available, requires consult)

## step 5

### SIGN + DATE + FAX

PHYSICIAN SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

Please fax to: (503) 639-7006